



# Adult Basketball League

## League Rules

1. Each team must have at least 8 players. You have until the 2nd game to make changes with the appropriate late fee.
2. Players must meet the following guidelines:
3. Must be 18 years old or older; Must register and pay in order to be on a roster; Must be on a roster to play; cannot play in both divisions.
4. Team play will be 5 on 5 full court.
5. Game time will be two 17 minute half's, with a 3 minute halftime. Over time will be 3-minute periods. Clock stops on all whistles in the last minute of every period.
6. Games will have referees and be played by high school rules.
7. Players must check in at the score table and wait for the official to motion in.
8. Individual players can foul out and team fouls are kept. After 7 fouls, shoot 1 on 1 and after 10 shoot 2 per half.
9. You must have your JFC jersey in order to play.
10. Two 60-second time outs per half per team with 1 additional in each over-time period. You cannot accumulate time outs.
11. Home team captain, which is the team listed first on the schedule, has post-game devotions while away team has pre-game prayer. If you are uncomfortable with this privilege please let us know in advance so we can prepare. Skipping a devotion is an automatic one (1) game suspension.
12. Fighting is automatic dismissal from the game and the second incident will result in the removal from the league. Swearing is an automatic technical. One (1) ejection from a game will result in another one (1) game suspension (the next scheduled game), a second ejection or four (4) total technicals during the season, will result in the removal from the league.
13. Five (5) players must be here at game time or the team forfeits. This will be strictly enforced. A five (5) minute grace period is allowed but will result in the forfeiture of a half-time. The second team forfeit will result in removal of the team from the league
14. Referees and/or League Directors reserve the right to end any game if they determine it is out of control. Two (2) such instances from the same team will result in removal of the team from the league.
15. The League Directors will only inform team captains of changes and suspensions. Our number here at Jackson Friends Church is: 966-0832
16. The purpose of these leagues is for recreation, fellowship, and most importantly the sharing of the Gospel of Jesus Christ. Please respect your opponents. Also please respect the officials, they're working as hard as you are and they honestly don't care who wins!!!!